

HISTORY FORM- MALE OVER 65

Name: _____ DOB: _____ Date: _____

Please describe any concerns you have: _____

Family History: Do you have a grandparent, parent, sibling or child with the following:

CANCER	YES	NO	If YES, who?	-----	YES	NO	If YES, who?
Uterine				Stroke			
Ovarian				Glaucoma			
Breast				Osteoporosis			
Colon				Hip Fracture			
Skin				Alcoholism			
Heart Attack				Depression			
Heart Bypass				Aneurysm			

Social History (circle please)

- Who lives with you?
No one /Spouse /Relative /Paid Helper / Friend
- Has there been any of these changes in your family?
Birth / Marriage / Death / Job Change
- Do you have a pet? Yes / No what kind? _____
- What kind of work do/did you do? _____
- Have you ever used tobacco? Yes / No
If YES: Average packs per day _____
Number of years you smoked _____
The year you quit _____
When are you planning to quit?
Now / 6 months / Sometime / Never

6. Do you drink alcohol? Y N
If YES

Have you ever felt you should cut down?		
Have people ever annoyed you by nagging about your drinking?		
Have you ever felt guilt about your drinking?		
Have you ever had a drink first thing in the morning?		
Has drinking ever affected your job performance?		
Have you ever drank and driven a vehicle?		

7. PREVENTION

Do you exercise? Yes / No

Activity _____ Number of days per week _____

Time/duration _____ minutes/hours _____

Exertion: Stroll / Mild / Heavy

Do you always wear seat belts? Yes / No

Does your house have a working smoke detector?

Yes / No

Do you have firearms at home? Yes / No

Which of the following are included in your diet?

	Grains	Veggies	Dairy	Meats	Sweets
A lot					
Some					
Few					

How many sexual partners have you had in the last:

12 months _____ Lifetime _____

Have you fallen in the past year? Yes ___ No ___

Please list all medical suppliers (oxygen, diabetic supplies) or home health agencies?

1. _____

Please list all other Doctors/ Specialists:

2. _____

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1. Which of the following can you do without help? Please check all that you can do on your own.

Get out of bed	Dress/undress	Pay bills
Prepare meals	Use telephone	Housework
Bathe/shower	Use toilet	Do laundry
Take medicine correctly	Walk	Shop

2. Do you have difficulty with any of the following? Check all the ones you have difficulty with.

Balance/steadiness	Bowel control	Depression
Vision	Memory	Appetite
Hearing	Sleep	Walking
Bladder control	Constipation	Balance

3. Do you have?

Yes	No	Unsure	CONST	Yes	No	Unsure	GI
			Weight change				Use antacids frequently
			Loss of appetite				Does food get stuck when you swallow
			Problem sleeping				Black or bloody stools
			DERM				Constipation
			Changing mole				Abdominal pain
			Sore that won't heal				Recurrent diarrhea
			Rash				ENDO
			EYES				Do you feel hotter or colder than others?
			Double vision				MUSCULOSKELETAL
			Eye pain				Pain in legs when walking
			ENT				Joint pain
			Hearing loss				ALLERGY
			Balance problems				High fever
			Recurrent sinus/nasal congestion				Severe reaction to bee stings
			Swelling in the neck				Severe reaction to food
			CARDIOVASCULAR				What time of the year do these appear?
			Wake up at night short of breath				NEUROLOGY
			Legs swell at end of day				New headache
			Chest discomfort when you walk				Frequent headache
			Heart pounds or skips a beat				Stroke that came and went away
			Have you fainted/passed out				PSYCH
			RESPIRATORY				Panicky feeling
			Chronic cough				Trouble remembering things
			Cough up blood				Feel depressed
			Shortness of breath at rest				Wake up frequently
			GU				Over the past two weeks have you felt down depressed or hopeless? Yes ____ No ____
			Burning with urination				Over the past two weeks have you felt little interest or pleasure in doing things? Yes ____ No ____
			Loss of bladder control				
			Blood in urine				
			How many times do you urinate at night?				